

Ko'waintco Michel
Nla'kapamux Nation Health Governance Rep

Ko'waintco is the Nla'kapamux (NLX) Nation Health Governance Rep for the Nla'kapamux Nation, elected by NLX Chiefs since 2008. Her role is to Chair the NLX Nation Health Assembly Meeting with the NLX Chiefs and takes direction from them on the health gaps and health concerns and bring it to the Partnership Accord Leadership Table (PALT). She represents the Nla'kapamux Nation at the Interior Region Nation Executive (IRNE) that is a table that carries out the directions of from the Interior Regional Caucus (54 Interior Chiefs) meetings. Ko'waintco also represents the NLX Nation at the Partnership Accord Leadership Table (PALT) that is a result of the Partnership Accord agreement support by the 54 Interior Chiefs on health gaps with Interior First Nation's health that Interior Health Services provides. She works along with Jim Adams, NL X Nation Technical Health Rep and Bernadette Collins, NLX Nation Community Engagement Coordinator to get input from the NLX Communities on health concerns and barriers.

Ko'waintco is a member of the Nooaitch community, which is part of the Nla'kapamux Nation. She is married to Brian Michel, and they reside on the Nooaitch Reserve. Ko'waintco has two sons & step daughter and has one grandson. She is daughter of Late Leslie & Dora Shackelly (Oppenheim), and the third oldest in her family. She has four sisters and one brother, and recently lost one sister. Ko'waintco is strong believer in practicing her culture and traditions, and teaches NLX culture within School District #58 when called in by Aboriginal Support Workers to do so.

For the last 29 years, Ko'waintco has been involved in political elected roles from Nooaitch community Chief (12 years), Assembly First Nations Regional Chief (2 years), NTA Chair (3 years), NTA Fisheries Political Rep (4.5 years); and presently the NLX Health Governance Rep role.