

WELCOME ABOARD!

The Nlaka`pamux Health Services would like to welcome aboard **Shayla George, Wellness Programs Facilitator**, she will provide services to the 12 Nlaka`pamux bands. Shayla will be working closely with Diana Lepine-Thomas as well as Alisha Sterling.



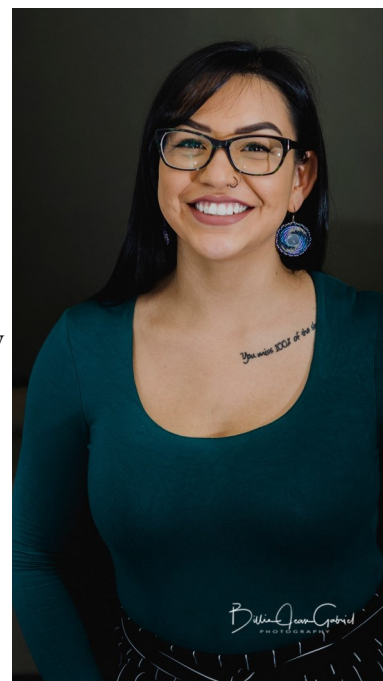
The Nlaka`pamux Bands that will be serviced:

Cooks Ferry	Siska	Kanaka Bar	Lytton
Nicomien	Ashcroft Band	Skuppah	Oregon Jack Creek
Lower Nicola	Coldwater	Shackan	Nooaitch

We are pleased to welcome **Shayla George, Wellness Programs Facilitator**

Shayla George is a proud member of the Coldwater Indian Band and Nlaka`pamux Nation. Her parents are May Gilbert from Coldwater Band and Mike Smith from Skeetchestn Band. Shayla has two siblings: Tamara George and Danton Smith. Born and raised in the Nicola Valley, she grew up learning traditional practices from her family and community. Shayla is currently enrolled into the Associates of Arts program through NVIT.

Shayla has worked with several organizations in the Nlaka`pamux territory to plan, coordinate and promote community development and engagement. Her goal is to become more connected with her cultural roots and community to ensure the importance of traditions and health is preserved. She has a strong passion to work with and support her community. Shayla is committed to promoting health and well-being in her professional and personal life. She has dedicated herself to community development and engagement to help create positive change within the Nlaka`pamux Nation. Shayla looks forward to the new challenge as the Wellness Programs Facilitator at Nlaka`pamux Health.



To contact Shayla call Nlaka`pamux Health Services 250-378-9772 or email george.s@nlxfn.com

FOR MORE INFORMATION PLEASE CONTACT
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