



CAREGIVER CONSENT TO CHILD & YOUTH COUNSELLING CONFIDENTIALITY & COUNSELLING AGREEMENT

Confidentiality means that *the Child and Youth Mental Health Counsellor* have a responsibility to safeguard information obtained during counselling with your child and or family. All identifying information about the assessment and treatment is kept confidential, except as mandated by law. You must sign a release of information before any information about you or your child is given to anyone, except as mandated by law. As part of routine practice, we may consult with our clinical supervisor (who is also bound by the same confidentiality) about your child and family in order to provide you with the best care. This may involve sharing photos of artwork or scenes created in expressive play.

In certain situations, mental health professionals are required by law to reveal information obtained during therapy to other persons or agencies without your consent. In such situations, *the Child and Youth Mental Health Counsellor* is not required to inform you of her actions. This is to make sure your child is safe, as our concern would be for his/her health and safety.

Please note the following **exceptions to confidentiality**:

- Confidentiality does not apply to cases of suspected abuse/neglect of children or youth.
- Confidentiality does not apply to cases of potential harm to self or others.
- A mental health professional may disclose confidential information in proceedings brought by a client against a professional.
- Confidentiality does not apply to cases involving criminal proceedings, except communications by a person voluntarily involved in a substance abuse program.
- Confidentiality may not apply in cases involving legal proceedings affecting the parent-child relationship.
- Confidentiality may not apply to cases involving a minor child. In such cases, the mental health professional may advise a parent, managing conservator or guardian of a minor, with or without minor's consent, of the treatment needed by or given to the minor.

By signing below, you are saying that you have read and understood this form and what it means in terms of your consent and confidentiality, and that you agree to your child receiving counselling from a Nlaka'pamux Health Child and Youth Counsellor.

Child/Youth Name

Date

Parent/Guardian Name

Date

Counsellor's Name

Date



CONFIDENTIALITY & COUNSELLING AGREEMENT YOUTH 12 YEARS OF AGE OR OLDER

Confidentiality means that *the Child and Youth Mental Health Counsellor* have a responsibility to safeguard information obtained during counselling with you. All identifying information about the assessment and treatment is kept confidential, except as mandated by law. You must sign a release of information before any information about you is given to anyone, except as mandated by law. As part of routine practice, we may consult with our clinical supervisor (who is also bound by the same confidentiality) in order to provide you with the best care. This may involve sharing photos of artwork or scenes created in expressive play.

In certain situations, mental health professionals are required by law to reveal information obtained during therapy to other persons or agencies without your consent. In such situations, *the Child and Youth Mental Health Counsellor* is not required to inform you of her actions. This is to make sure your child is safe, as our concern would be for his/her health and safety.

Please note the following **exceptions to confidentiality**:

- Confidentiality does not apply to cases of suspected abuse/neglect of children or youth.
- Confidentiality does not apply to cases of potential harm to self or others.
- A mental health professional may disclose confidential information in proceedings brought by a client against a professional.
- Confidentiality does not apply to cases involving criminal proceedings, except communications by a person voluntarily involved in a substance abuse program.
- Confidentiality may not apply in cases involving legal proceedings affecting the parent-child relationship.
- Confidentiality may not apply to cases involving a minor child. In such cases, the mental health professional may advise a parent, managing conservator or guardian of a minor, with or without minor's consent, of the treatment needed by or given to the minor.

By signing below, you are saying that you have read and understood this form and what it means in terms of your consent and confidentiality, and that you agree to your child receiving counselling from a Nlaka'pamux Health Child and Youth Counsellor.

Child/Youth Name

Date

Counsellor's Name

Date