

# WELCOME ALISHA WELLNESS PROGRAM FACILITATOR

Nlaka'pamux Health Services would like to welcome Alisha Sterling into her new role as the Wellness Program Facilitator. Alisha will be working closely with Diana Lepine-Thomas as well as Shayla George.



## The Nlaka'pamux Bands that will receive services:

Cooks Ferry	Siska	Kanaka Bar	Lytton
Nicomen	Ashcroft Band	Oregon Jack Creek	Skuppah
Lower Nicola	Coldwater	Shackan	Nooaitch



## We are pleased to welcome Alisha Sterling, Wellness Programs Facilitator

Alisha is 23 years old and was born in Kamloops and raised in Merritt and has live here her entire life. Alisha is from the Nlaka'pamux Nation, a member of the Lower Nicola Indian Band. Alisha has a diploma from the Associate of Arts Criminology program and has just recently graduated from the Bachelor of Social Work program as of May 2019.

Alisha enjoys spending time with her family outside of work including participating in several different hobbies such as playing volleyball, going ice fishing, doing yoga and spending time outside. Alisha also enjoys listening to several different genres of music.

To contact Alisha call Nlaka'pamux Health Services  
250 378 9772 or email [sterling.a@nlxfn.com](mailto:sterling.a@nlxfn.com)

FOR MORE INFORMATION PLEASE CONTACT  
NLAKE'PAMUX HEALTH SERVICES  
2088 QUILCHENA AVENUE, PO BOX 3090, MERRITT BC, V1K 1B8  
PHONE: 250 378 9772 FAX: 250 315 0283