

WELCOME ABOARD!!



The Nlaka`pamux Nation would like to welcome aboard its new worker Erin Aleck, Family Wellness Coordinator, she will provide services to the 12 Nlaka`pamux bands.

The Nlaka`pamux Bands that will be serviced:

Cooks Ferry	Siska	Kanaka Bar	Lytton
Nicomien	Ashcroft Band	Oregon Jack Creek	Skuppah
Lower Nicola	Coldwater	Shackan	Nooaitch

We would like to welcome Erin, Family Wellness Coordinator



Erin is Nlaka`pamux, Lytton First Nation. Erin was born in Edmonds Washington to Riley Aleck and Kate Hardcastle. She grow up both in Bellingham Wash. and Lytton B.C. the last ten years she has been happy to be working in healthcare in the Nlaka`pamux nation as a driver, cultural worker, elder and youth support and community health representative. Erin Aleck is now the new family wellness coordinator for the Nlaka`pamux health team and is the Listening to one another, regional program coordinator for the Nlaka`pamux nation. Erin served as the main facilitator and researcher for the Zu? Zu? Twu?ix , the Nlaka`pamux version of LTOA. The 14 session program now has key Nlaka`pamux words, local histories, and traditions. The whole process of cultural adaptation, program delivery and implementation has been truly empowering for the participants, facilitators, and Elders involved. Zu? Zu? Twu?ix is an amazing tool to hold the space needed to nurture healing and allow families to develop efficient listening skills.

Erin Aleck work cell 1 778 254 3607

She will be mainly located at Lytton Satellite office

Address: Unit #2 & #3 280 Main Street Lytton, BC

**FOR MORE INFORMATION PLEASE CONTACT
NLAKA`PAMUX HEALTH SERVICES
ADDRESS: 103-2090 COUTLEE AVE PO BOX 3090
MERRITT BC V1K 1B8 PHONE: 250 378 9772 FAX: 250 378 4962**