

WELCOME STACEY

Child & Youth Mental Health Manager



Nlaka'pamux Health Services would like to welcome Stacey Hebner into her new role of **Child and Youth Mental Health Manager**. Stacey has been working for the organization since January 2018 as a Child and Youth Counsellor. Along with her new management role she will continue to provide counselling to children and youth in the nation.

The Nlaka`pamux Bands that will receive services:

Cooks Ferry	Siska	Kanaka Bar	Lytton
Nicomen	Ashcroft Band	Oregon Jack Creek	Skuppa
Lower Nicola	Coldwater	Shackan	Nooaitch



Stacey was born and raised in Merritt. She returned to her home community in 2016. Stacey has a degree in Child and Youth Care from the University of Victoria and has been working in the helping profession for the past fourteen years. Stacey is a Registered Professional Counsellor, and has a certificate in Expressive Play Therapy and Indigenous Focusing Oriented Therapy. She takes great pride in supporting others in their journey to mental wellness. She firmly believes that people function in family and community units and that it is beneficial to understand the dynamics of both and to provide support in a holistic manner. She has learned a great deal from the Nlaka'pamux people since she began her work here in 2018, and is eager to continue the journey.

On a personal note, Stacey enjoys being with her family. They spend their time outdoors gardening, fishing, hunting, foraging and exploring. She is an avid reader and loves to cook.

To contact Stacey to make a referral call Nlaka`pamux Health Services
250 378 9772 or email hebner.s@nlxfn.com

FOR MORE INFORMATION PLEASE CONTACT
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