

For your safety and the safety of others, following these extra precautions to curb the spread of COVID-19 is required.

Your participation and understanding will be appreciated.

Thank you for your patience



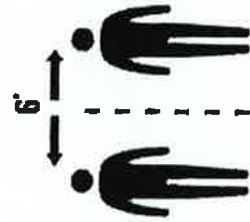
- Do NOT enter our offices if you are suffering from a fever over 38 Celsius/100 Fahrenheit, or are suffering from a cough, are having difficulty breathing, or if you have been diagnosed with the COVID-19 virus



- Respect self-isolation rules if you have recently returned from any travel outside Canada



- For one-to-one counseling, where distances of six feet (approximately 2 metres) cannot be maintained, a non-medical mask must be worn



- Plus maintain a distance of 6 feet / 2 metres between you and other people at all times



- Please use hand sanitizer before entering the building.
- Wash your hands often with soap and water for at least 20 seconds, before and after your appointment



- Cover your mouth with the inside of your elbow when sneezing



- Do not bring unnecessary items or additional people to your appointment