

OPIOID AGONIST TREATMENT (OAT) CLINICAL RESOURCE GUIDE 2019

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Opioid Agonist Treatment

Provides people who are addicted to opioids with prescribed daily medications to help with opioid withdrawal and cravings.



Opioid Agonist Treatment (OAT) Clinics

Within the interior IH supported and private clinics (Suboxone and Methadone clinics)



Mental Health and Substance Use Services office

Location, contact information, and hours of operation for all substance use service locations within Interior Health.

OAT Clinics in Major Populations (please see above link to clinics located in rural or smaller centres)	Location	Contact #
Kamloops Rapid Access Addiction Clinic	#104 – 220 3 rd Ave	250-374-2345
Interior Chemical Dependency Office & Kamloops Equality Health Centre	239 Lansdowne St.	778-471-6488
Vernon Methadone Clinic	103-3310 32 nd Ave	778-475-5810
Kelowna Mental Health & Substance Use Clinic	505 Doyle Ave.	250-868-7788
Penticton Martin Street Outreach Centre	117 – 437 Martin St.	250-770-3696

Advocacy

BC Centre on Substance Use Peer Advocacy Navigator (issues with OAT prescribing and peer support)	Laura Shaver	778-939-7192 peernavigator@bccsu.ubc.ca
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BC Association of People on Methadone (BCAPOM) - provincial OAT patient support and advocacy group: <https://www.facebook.com/BCAPOM-The-British-Columbia-Association-for-People-on-Methadone-100331856682761/>.

Aboriginal Patient Navigators (APNs)

Support families by providing resource to help connect them to appropriate health care services and provide cultural support. They also work with health care workers to provide resources to assist in providing culturally appropriate care and to connect them with external Aboriginal services.
Contact your local friendship centre or [MHSU service](#) for more information.

SUBSTANCE USE RESOURCES

<https://www.interiorhealth.ca/YourCare/MentalHealthSubstanceUse/SubstanceUse/Pages/Resources.aspx>

Grief Handbook: Gone Too Soon - Navigating Grief and Loss as a Result of Substance Use

Coping Kit: From Grief to Action - Dealing with Addiction in Your Family

BC Centre on Substance Use – Training <http://www.bccsu.ca/#>

Patients Helping Patients Handbook - <https://www.uvic.ca/research/centres/cisur/assets/docs/ost-patient.pdf>