## Home Care Program

Our personal care services include assistance with Activities of Daily Living:

- Meal Prep/Feeding
- Oral Hygiene
- Self-administered medications
- Bathing
- Skincare
- Dressing and undressing
- Grooming needs such as hair care
- Mobilization activities including transferring, exercising, and walking







## **ABOUT US**

Our personal care services allow all hose in need to stay in their homes for as long as possible, maintaining their independence. Given the right support, quality of life can be improved while receiving care at home.

Our compassionate caregiver offer a wide range of personal care services for the elderly and others needing assistance. maintaining a good level of personal hygiene is important for teh health and wellbeing of those whom we care for.